## **Online Athletic Clearance**

(Please be sure you have your current medical insurance information before you begin the registration process. You will need your insurance provider and policy number)

- 1. Visit www.athleticclearance.com and choose your state.
- 2. Watch the guick tutorial video.
- **3.** Choose "**Register**" button if this is your first time. PARENTS need to register with a valid email username and password. You will then be asked to type in a code to verify your email. DO NOT SKIP THIS STEP.
- 4. Choose "Start Clearance Here" Button.
- **5.** Choose the school year in which the student plans to participate. *Example:* Soccer in Oct 2019 would be the 2019-20 school year. Choose the correct school, Live Oak (CIF-NS).
- 6. Choose the sport. (see step 10 for multiple sports)
- 7. Complete all required fields for Student Information, Educational History, Medical History and Signature Forms. (If you have gone through the athleticclearance.com process before, you will select the Student and Parent/Guardian from the dropdown menu on those pages)
- 8. Donate to your athletic program.
- 9. Once you have reached the Confirmation Message you have completed the process.
- **10.** If you would like to register for additional sports, you may check off those sports below the Confirmation Message.
- 11. All data will be electronically filed with your school's athletic department for review. When the student has been cleared for participation, and email notification will be sent.
- **12.** Turn in a completed sport physical to the office. Physical forms may be downloaded from athleticclearance.com or picked up in the main office.

This information is good for one year, and will need to be updated each year your student participates in sports. You will use your same email to log in.